

## Austin Chamber Music Center Workshop Lunch Option

If you would like your child to receive a healthy meal every day during the Workshop you may purchase lunches. Patricia's Lunchbox (nutritious meals made from scratch daily using organic and non-GMO ingredients where possible) will be providing lunches each day.

Learn more about Patricia's Lunchbox at <http://www.patriciaslunchbox.com/>

Purchasing lunches is only available for Primary Division Full Day and Young Artist Division Commuter students. Lunches can only be purchased for the full 10 days.

Meals will consist of one main dish and 1-2 sides. There will always be a vegetarian/vegan/gluten and dairy free option. If your child is a picky eater or has a lot of allergies/food restrictions please send them a lunch. We can only provide lunches for those that have minimal food restrictions and we want to make sure students eat their lunch as they have very busy days! Drinks will also be provided with each meal.

If you have any questions or concerns about the menu please contact Jeni – ACMC Director of Education – BEFORE purchasing lunches. There will be no lunch fee refunds.

### **Below is an EXAMPLE menu:**

Monday July 8	Grilled cheese and tomato soup
Tuesday July 9	Turkey Meatballs, Pasta, green beans
Wednesday July 10	Chicken Drumsticks and Biscuits, roasted veggies
Thursday July 11	Sloppy Jos, broccoli
Friday July 12	Bean Burrito, Spanish rice, homemade salsa, corn
Monday July 15	Cheese or Pepperoni Pizza and vegetable
Tuesday July 16	Turkey Ziti, green beans
Wednesday July 17	Teriyaki Chicken, fried rice, stir fried veggies
Thursday July 18	Chicken tenders and waffles, roasted broccoli/cauliflower
Friday July 19	Hamburgers, roasted potatoes